

Creative Cancer Awareness Project Report

This report talks about what we found out through our project.



Our aim was for more people with learning disabilities to know about getting checked for **bowel** cancer. This is called screening.

The bowel takes poo out of the body.



People with learning disabilities don't get screened as much as everyone else.



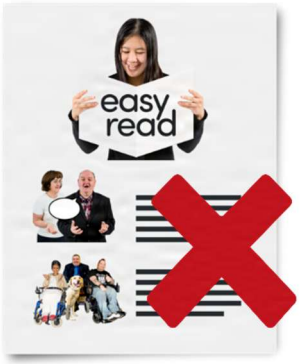
The project wanted to see if doing art could help people talk about their bowel health and screening.



We worked with people with learning disabilities to find out the best way to do the workshop.



Workshops were run with partners who work with adults with learning disabilities.



35 adults with learning disabilities did the workshop. They hadn't seen any easy to understand information about bowel cancer before.



Doing art can help people to talk about health problems that they might find hard.

Making **collage** art was the best thing to help people to talk.

Collage is making art using bits of paper.



When people worked with clay, some changes needed to be made to help the task be easy to understand and comfortable.



Things that will be looked at in future workshops are:

- Talking about exercise.



- Talking about unhealthy foods.



The project helped the people who came to the workshops to feel more able to go to the doctor about bowel cancer symptoms.

This means more people who came to the workshops might be treated.



Most of the people who came to the workshops felt they knew more about bowel health and warning signs that they might be ill.



They said they found it easier now to talk about bowel health.



They understood that some symptoms are more serious, like blood in the poo.

They would tell a doctor or nurse about this.



The workshops helped to build trust between the people taking part and with carers and health workers.

This trust will help the people taking part to have better health because they will talk about their symptoms.



We learned it is important to find an easy to understand way to get feedback.

The feedback is better quality when it is asked for in an easy to understand way.



The project shows that using art can help people with learning disabilities to learn and talk about bowel health.



With more money the project could keep finding out:



- The best way for people with learning disabilities to learn about bowel health.
- The most easy to understand way of doing this.
- The best way to help more people by making the project bigger.

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