

Creative Health Practitioner Application Pack

About us:

Artlift delivers Arts on Prescription services predominantly in Gloucestershire. We are not a counselling or Art Therapy service but run community-based arts courses with a positive therapeutic outcome. The University of Gloucestershire work with us to evidence the positive impact of our services, enhancing our reflective practice and supporting international dissemination of learning. We hold data and evidence of improved health and wellbeing outcomes for patients spanning 14 years.

Current programmes are: Create Well (mental health), Living Well (chronic pain) and Flourish (cancer). Participants are primarily referred by GPs and other health or social prescribing professionals. Adults can also now self-refer into our mental health and cancer courses.

Art Shape works with people of all ages across Gloucestershire who face disabling barriers. The organisation is a long-term provider of Adult Education courses across the county and runs an impactful training and development programme (Art Bridge) for artists facing disabling barriers, as well as holiday clubs for disabled children and young people.

The charity is currently providing Arts on Prescription services for children and young people with Type1 Diabetes, Epilepsy and other long term conditions and coordinating a programme for unemployed 16 – 35 year-olds, as well as a programme of work using storytelling to combat loneliness.

Both organisations are members of Gloucestershire Creative Health Consortium. Artlift is also a member of a national Arts & Mental Health micro-network and the Association of Mental Health Providers.

The Brief:

You will engage in a training and induction programme equipping you to work as part of Artlift's and/or Art Shape's Creative Health teams.

You will work as a Creative Practitioner, planning, delivering, and supporting evaluation of a range of Arts on Prescription courses and/or Creative Health projects. Details of your role(s) will be mutually agreed Art Shape and/or Artlift as and when vacancies arise.

Initial work is likely to be on Artlift's Create Well mental health and Living Well with Chronic Pain programmes (September 2021 - March 2022).

You will work in a personalised way with participants in your group(s), gently introducing new ideas and creative techniques that will help vulnerable people explore their own creativity and learn new skills at their own pace.

Responsibilities are negotiated, dependent on your skills, access requirements and/or the nature of the programme/project, but may include:

- Course related administration such as preparing Welcome Packs, doing risk assessments, updating registers and sourcing materials.

- Communication with participants, the Referrals Coordinator and other Creative Practitioners to support allocation of participants to courses / groups.
- Planning and delivery of weekly group sessions and (if working remotely) monitoring of, and contribution to, a private Facebook group where artwork is shared.
- Personalised telephone / Zoom Creative Check-ins with each participant to support setting of light-touch goals and embedding of creative practice in their lives to sustain wellbeing post-course / project.
- Keeping project / programme managers informed regarding course and participant progress and any issues arising.
- Monitoring and evaluation tasks including ensuring participants complete wellbeing surveys during sessions, writing Move On reports and facilitating group discussions.
- Supporting your own reflective practice, skills development, and wellbeing, including attendance at Reflective Practice, Clinical Supervision, training sessions and team meetings.
- Complying with the partners' policies and procedures, including Safeguarding, Data Protection/GDPR and Health & Safety.
- Contributing to promotional and advocacy initiatives and events as reasonably requested.

Person Specification

We are seeking to appoint Creative Health practitioners (age 18+) with creative arts, writing and/or performance skills who are based in or near to Gloucestershire.

We particularly welcome applications from those with arts practice grounded in African, South American, Caribbean and/or Asian arts.

We recognise that some potential applicants may have faced barriers to gaining qualifications and/or experience in the arts sector and so will offer tailored mentoring and/or training within capacity and budget.

Applicants should have the following **essential skills, experience and attributes**:

- Experience of running sessions / workshops in visual arts, crafts, creative writing, digital and/or performing arts.
- A strong commitment to development of skills and practice.
- Strong, clear and empathetic communication skills.
- The commitment to support access and enjoyment of a diversity of people, including disabled people.
- Personal resilience and ability to enable participants to find and self-sustain their own resilience and wellbeing.
- The confidence to work online and be IT literate (using Microsoft packages, email and Zoom).
- Proven organisational and planning skills.

We would welcome applicants with the following **desirable skills, experience and attributes**:

- Experience and/or training in the Creative Health sector.

- Specialism in one or more arts practices rooted in African, South American, Caribbean and/or Asian arts traditions.
- Mental Health/Disability and/or Inclusion & Diversity training.
- Strong written and administrative skills.

Terms of Contract & Fee

Selected applicants will be engaged through a partnership contract with Art Shape and Artlift. A briefing outline, detailing the terms of specific responsibilities and schedule(s) related to the appointed role, will be provided.

Fees will be negotiated by Art Shape and/or Artlift based on the following rate scales:

- £25-30 per hour for delivery of sessions
- £10-15 per hour for administrative / evaluation duties
- £15 per hour for training, clinical supervision and/or sharing of practice sessions and meetings

Pre-agreed materials and postage costs, mileage at 40p/mile (from the county border), will be reimbursed, as will a contribution to telephone costs.

You must be able to evidence your right to work in the UK and hold (or be prepared to obtain and renew annually) a current, enhanced DBS check.

Location

Sessions will take place at venues within Gloucestershire or online (via Zoom).

Team meetings, training and clinical supervision will take place in or near Gloucester or on Zoom.

Diversity

Artlift and Art Shape are committed to diversity and equal opportunities. Together, we are working to broaden our workforce talent pool and participant reach to reflect the diversity of the communities we serve.

To address gaps in our workforce and the range of arts practice across our team, we would particularly welcome applications from Black and Asian artists.

Note for candidates who identify as disabled

Reasonable adjustments will be made to the recruitment process and/or job requirements for candidates with a disability. If you consider yourself to have a disability, you should indicate this in your application, and inform us of any access requirements.

If you have indicated that you have a disability in your application, you will be guaranteed an interview if you clearly meet the person specification.



How to Apply

To apply, please download an application pack from <https://artlift.org/meet-the-team/> and return it with a copy of your CV to Cath Wilkins, Executive Director: cath@artlift.org.

If you would like to meet us for a chat before you apply, please e-mail Cath to let her know whether you would prefer a **4pm or 7.30pm Zoom session on Monday 19th July**.

If you have any queries or need to submit your application in another format, please don't hesitate to contact Artlift on: 03000 200102 | 07917 796 959.

Deadline for submission: 5pm on Friday 30th July 2021

We aim to hold interviews **week commencing 2nd August**. However, if that week is not feasible for you, please let us know in your covering e-mail.