



*Finding Focus* is an arts and health project that will bring together people with a range of long term health conditions and experienced photographer Ruth Davey over a course of 6 weeks. The objective of the project is to improve the confidence and wellbeing of participants through mindful photography. The sessions will run at Museum in the Park, Stroud from April to June 2018. Anonymised data will be used for statistical and research purposes.



<b>PART A: Patient details</b>	<b>NHS Number</b>	
Name..... Male <input type="checkbox"/> Female <input type="checkbox"/> Address..... Postcode (please complete)..... Date of Birth..... Preferred contact number..... Email..... Occupation (please circle):   retired / in education / part-time employment / full-time employment		
<b>PART B: Relevant medical and personal information (TO BE COMPLETED BY REFERRER)</b>		
Patients to be referred to <i>Finding Focus</i> must have a wellbeing need. Please note reasons for referral below (select as many as apply):		
1. Reduced stress / anxiety / depression <input type="checkbox"/> 2. Improve self-esteem / confidence <input type="checkbox"/> 3. Improve social networks <input type="checkbox"/> 4. Help alleviate symptoms of chronic pain or illness <input type="checkbox"/>	5. Distraction from behaviour-related health issues <input type="checkbox"/> 6. Improve overall well-being <input type="checkbox"/> 7. Support following loss or major life change <input type="checkbox"/>	
Please give any relevant information that the artist may need to be aware of to ensure the safety and well-being of this patient and all patients taking part in the art activity (please continue overleaf if necessary) ..... .....		
Name of patient's GP and practice ..... Name and profession of referring health professional (if different from above)..... ..... Tel..... Email.....		
<b>*PLEASE NOTE WE REQUIRE ALL REFERRING PROFESSIONALS TO PROVIDE ALL CONTACT DETAILS*</b> <b>PLEASE NOTE THAT ARTLIFT IS NOT CLINICALLY RESPONSIBLE FOR THE REFERRED PATIENT, AND THAT BY SIGNING THIS FORM YOU CONFIRM THAT THE PATIENT HAS BEEN RISK ASSESSED BY YOU/THEIR GP TO BE SUITABLE TO ATTEND THE PROGRAMME.</b>		
I recommend that the above patient is suitable to attend the Finding Focus Programme and I understand that Artlift is a non-clinical intervention in a community setting.		
► Signed (by referring Health Professional)..... Date .....		
<b>PART C: Patient consent (**MUST be completed by the participant before attending the art activity**)</b>		
I consent to participation in the Finding Focus project, in which I will have the opportunity to work with an artist in a group setting over 6 sessions. I consent to the release of relevant medical and personal information about myself to be shared with the artist. I understand that this project is being evaluated and that my personal details will <u>not</u> be passed on to a third party, though my records will be used anonymously for statistical and research purposes. <b>Artlift abides by data protection safeguards</b> , and while I am referred to the project, I may be contacted by Artlift by mobile phone or email to send text reminders about sessions, or for any other relevant reason.		
► Signed (by patient) ..... Date.....		

Thank you for filling in this form which is both a risk assessment and evaluation data collection tool.

Please return to: Artlift Referrals c/o GIS, Wotton House, Horton Road, Gloucester, GL1 3PR  
 Contact Artlift for more details 03000 200 102 | referrals@artlift.org