

# Referral form for Artlift project

Patient NHS Number

Is this a re-referral? YES / NO (each referral is for 8-10 sessions with an artist)

## PART A: Patient details

Name..... Male Female (please circle)

Address.....

Postcode (please complete)..... Date of birth.....

Contact number..... Email.....

Occupation (please circle): retired / in education / part-time employment / full-time employment / unemployed

## PART B: Patient consent (\*\*MUST be completed by the patient before attending the art activity\*\*)

I consent to participation in the Artlift project, in which I will have the opportunity to work with an artist in a group setting over 8 sessions. I consent to the release of relevant medical and personal information about myself to be shared with the artist. I understand that this project is being evaluated and that my personal details will not be passed on to a third party, though my records will be used anonymously for statistical and research purposes. **Artlift abides by data protection safeguards**, and while I am referred to the project, I may be contacted by Artlift by mobile phone for relevant reasons.

► Signed (BY PATIENT)..... Date.....

## PART C: Relevant medical and personal information TO BE COMPLETED BY REFERRER

Reason for referral (Please tick as many as apply):

- |   |                          |   |                          |
|---|--------------------------|---|--------------------------|
| 1. Reduced stress / anxiety / depression              | <input type="checkbox"/> | 5. Distraction from behaviour-related health issues | <input type="checkbox"/> |
| 2. Improve self-esteem / confidence                   | <input type="checkbox"/> | 6. Improve overall well-being                       | <input type="checkbox"/> |
| 3. Improve social networks                            | <input type="checkbox"/> | 7. Support following loss or major life change      | <input type="checkbox"/> |
| 4. Help alleviate symptoms of chronic pain or illness | <input type="checkbox"/> |   |                          |

Please give any further relevant information that the artist may need to be aware of to ensure the safety and well-being of this patient and all patients taking part in the art activity:

.....  
.....

Name of patient's GP and practice: .....

.....

Name and profession of referring health professional (if different from above):

.....

Tel..... Email.....

**\*\* WE REQUIRE ALL REFERRING PROFESSIONALS TO PROVIDE ALL CONTACT DETAILS \*\***

Please note that Artlift is not clinically responsible for the referred patient, and that by signing this form you confirm that the patient has been risk assessed by you/their GP to be suitable to attend the group.

I recommend the above patient is suitable to attend a group activity and I understand that Artlift is a non-clinical intervention in a community setting.

► Signed (by referrer) ..... Date .....

Thank you for filling in this form which is both a risk assessment and evaluation data collection tool.  
Please return form to [referrals@artlift.org](mailto:referrals@artlift.org) or Referrals at Artlift, Glos. International School, Horton Road, Gloucester, GL1 3PR.  
For further information about Artlift sessions, please see [www.artlift.org](http://www.artlift.org), call 03000 200 102, or email [referrals@artlift.org](mailto:referrals@artlift.org)